

The Arlington Advocate

50 CENTS, VOL. 120, NO. 31

SERVING THE RESIDENTS OF ARLINGTON SINCE 1872

THURSDAY, July 30, 1992

RECYCLING ROUTE THIS WEEK ▲

SPORTS



ADVOCATE PHOTO BY DAVID STONE

■ Tim Hirsh pitches for the Rangers in recent action. Arlington's Little League All-Stars, 13-year-olds, and Jimmy Fund Team, have found themselves in tournament action. Information on all the tourney action and other sports can be found on page 1B.

Town Day to be expanded

Town Day 1992 will be expanded to include the opening of the bike-way and to include planning work from the Vision 2020 process, the event's planners announced this week.

The Town Day Committee has also voted unanimously to change the date of the annual festivities from its traditional third Saturday in September to the first Saturday in October.

The change will allow Town Day and the opening of the long awaited Minuteman Bikeway to coincide.

Charles Pappas, Town Day chairman, told the Board of Selectmen this week the Friday night fireworks presentation will include an "old fashioned family picnic" with events and entertainment at Spy Pond Field.

On Saturday, Town Day will be expanded to include the ribbon cutting of the Minuteman Trail and may also include town-wide involvement by area businesses.

The Town Day Committee asked town officials to see if the MBTA will provide shuttle bus service from the Heights and East Arlington business districts on Town Day. The committee is also looking to have businesses in other areas of town participate in Town Day.

Pappas also told the board Town Day fundraising is continuing and the committee has been able to maintain its account. Town Day activities are funded through private donations. Last year, the committee ran short at the last minute following the pull-out of Bank Five's sponsorship. (The bank was seized by federal regulators on Town Day weekend.)

Donations and questions about Town Day may be directed to the Town Day Committee through the town's Board of Selectmen's office.

SENIOR NEWS

■ A receptionist's position is available at Senior Center for record keeping, telephone information and referral. Applicant must be 55 or older. Please call Carol Burns at Minuteman Homecare at 272-7177. For more information on senior programs and activities, please see page 6A.

WHAT'S INSIDE

CLASSIFIEDS	8B
COMMENT	8A
CROSSWORD	7B
LETTERS	8A
OBITUARIES	12A
POLICE LOG	13A
SCHOOL NEWS	4A
SENIORS	6A
SPORTS	1B
THINGS TO DO	7B

28 pages, 2 sections

Harte-Hanks
Community Newspapers

Town official indicted for fraud

Executive Secretary Pitcher charged in bank loan scheme involving development

By Carol Beggy
ADVOCATE STAFF WRITER

Frederick E. Pitcher, the town's executive secretary, has been indicted on federal charges of bank and mail fraud in connection with a scheme to defraud two financial institutions out of \$1.56 million to buy local condominiums.

Pitcher, 52, has served as the executive secretary to the Board of Selectmen for the last 21 years. On July 13, Pitcher informed the board he was resigning as of July 31.

According to the indictment, Pitcher was charged with bank fraud related to a \$790,000 loan from the Winter Hill Federal Savings Bank in Somerville, and mail fraud related to 10 loans totaling \$770,000 from the Framingham office of the Citicorp Mortgage Corporation of St. Louis.

The loans were made for units purchased at the Old Colony development in 1988.

Pitcher is the third person indicted for bank fraud related to deals made at the Old Colony complex, located on Old Colony Lane between Brattle



Frederick E. Pitcher

and Forest streets.

Also last week, retired Arlington police officer, James H. Kearns, 50, of Stoneham was charged with defrauding the two lenders of nearly

\$1 million in the same real estate deals.

Kearns was charged July 21 with bank fraud and mail fraud. The targets of the scheme were also the Winterhill Federal Savings Bank, and Citicorp Mortgage, which lost \$451,000 and \$426,000 respectively, the Federal Bureau of Investigation said.

The indictment said Kearns, who has been retired from the Arlington Police Department since 1986, tried to supplement his pension by investing in real estate. On two occasions, he entered into a contract to buy 10 units at an Arlington condominium complex.

Both times, Kearns falsely stated he made cash deposits on the 20 condos, and he also concealed the existence of second mortgages on the property, the FBI said.

The loans from both institutions went into default.

In March, Cambridge attorney Perry F. Bedinger, 48, of Cambridge was indicted on one count of bank fraud for providing false information to qualify for a \$956,900 loan from the Winter Hill Savings Bank. That deal

Board waits on filling job

The Board of Selectmen will hold off on deciding what to do with its office until the town's Personnel Board reviews the department.

At a meeting Monday, selectmen voted to have the current office manager act as head of the office, and will await the review of the Board of Selectmen's office before making any further decisions.

Selectmen met with the town's personnel director and the three members of the Personnel Board to discuss the office.

The Personnel Board will review job descriptions of the three employees in the office and that of the executive secretary. The activities currently handled by the office and the legal requirements of the office will also be reviewed.

Town officials will also survey other towns to determine how they structure their management and run the operations of the selectmen's office.

The board will discuss the issue again at its meeting next month.

also involved 10 Old Colony units.

According to the indictment handed up by the federal grand jury in Boston on Friday, Pitcher and Kearns provided false information to both the bank and the mortgage company that allowed them to obtain the loans. Both, according to the FBI, falsified employment and income verification provided to the financial institutions.

All of three indicted entered into

purchase and sale agreements in 1988 with John M. Wilfert Jr. and David P. Wilfert, of Arlington, trustees of the J. & D.W. Realty Trust and the developers of Old Colony.

According to the FBI, Pitcher falsely inflated his income for 1987 and 1988 and said he worked for a moving company where he was not employed. Pitcher also concealed from Winter Hill Savings Bank the ex-

INDICTMENT, See page 10A

IN THE SUMMERTIME



Kristine Marie Valente, age 4, throws a ball to her dog at the Thompson School wading pool near Everett Street on Friday morning.

ADVOCATE PHOTO BY EMILY LAMSTEIN

Town gets \$373K through ed. bill

Arlington's legislative delegation voted Tuesday to override the governor's veto of \$186 million in extra education aid to cities and towns for students kindergarten through grade 12.

Both the House and the Senate voted to support the veto, which will bring an extra \$100 per student — or \$373,400 — to the town of Arlington.

All three of Arlington's legislators — Sen. Robert A. Havern, Reps. Mary Jane Gibson and Jim Marzilli — voted to override the governor's veto.

Outgoing Rep. Gibson, D-East Arlington/Belmont, said the additional money for local schools will make a big difference in educating children in Arlington and should help provide the additional resources needed in the town.

"I'm elated that Belmont and Arlington schools are going to receive these funds that rightfully theirs," said Gibson. "The governor was way out of bounds to veto this money that goes to central local services."

Governor Weld vetoed the additional funding for education because an educational reform bill has not been agreed upon.

"Educational reform is absolutely essential, however it is equally important to provide immediate assistance to communities that have limited abilities to raise revenues and have had drastic reductions in state assistance over the past few years," Sen. Havern, D-Arlington, said in a release.

According to Havern, the governor's education bill is politically, not educationally driven and a compromise reform bill is far from complete. "I hope we pass a reform bill in short order, but let's not have adequate funding of education hang in the balance," said Havern.

The legislation requires the money be spent specifically on education. Additionally, only communities that spend at least the same amount proportionally on education as they did in the previous fiscal year will be eligible to receive the additional allocation.

"I think that for many of us this is the most important vote of the year," said Marzilli, D-Arlington, about the override vote in the House. "The state has been underfunding education for years, and this is the just the first step in the process."

Marzilli said that bipartisan support for the education override in the House and the Senate was, in part, a reaction to Weld's "punitive" education reform package proposal.

"Much of the opposition to his reforms was due to the punitive nature of it," said Marzilli. "He was to quick to blame teachers, and" that was politically motivated. He wanted a quick hit.

"He was looking to meddle in too many areas that didn't have anything to do with improving the quality of education."

Stop Shop plan meet delay, again

By E.H. Stockstill
ADVOCATE STAFF WRITER

Senior Stop & Shop officials and Redevelopment Board members kept up their wait-and-see game this week.

After months of dialogue, public hearings, architectural and community impact studies and modifications to a proposed 5,00 square foot addition to the 30-year-old grocery store at 905 Mass. Avenue, board members Monday night were divided on several issues.

The board still needs to resolve whether the Quincy-based supermarket company has taken appropriate measures to make its most recent proposal fit into the rest of its neighborhood and accommodate environmental and traffic concerns of nearby residents, and the postponed until their Sept. 14 session voting on whether a special permit should be granted to the New England chain.

While Stop & Shop officials stressed their intentions to work with the community to build a larger grocery store that will provide quality food services to Arlington without hurting residential life in the sur-

rounding residential area, some board members questioned whether the grocers have taken the long look to see what their proposal will do to the appearance and character of that block of the "major thoroughfare" in the town.

STOP, See page 2A

Stores face challenge

By E.H. Stockstill
ADVOCATE STAFF WRITER

Since the opening of the Star Market "superstore" in Belmont last year, local grocers have been scrambling to keep residents in their town to buy their food.

And while a debilitating economy explains to a certain extent some of the drop off in business at the Mass. Avenue Stop & Shop and Johnnie's Foodmaster, Alan McClellan Jr., director of Planning and Community Development, said, the emergence of

SUPER, See page 2A

Reeds Brook future uses eyed

By E.H. Stockstill
ADVOCATE STAFF WRITER

Redevelopment Board and Conservation Commission members Monday night batted around suggestions for possible uses of the Reeds Brook dump site, the 20-acre plot once used as a landfill and now unoccupied.

The property, which has never been developed by its current owner Thomas True and has accumulated approximately \$256,000 in unpaid taxes, is located on Summer Street right at the Lexington town line.

Board and Commission members agreed that, if the land is eventually

purchased by the town, the town should develop something there that can increase revenues for the town while improving the appearance of the site.

Monday's discussion was the first public forum concerning the Reeds Brook site since Town Meeting voted on June 10 to have the Redevelopment Board look at whether town should acquire the site.

Suggested uses for the property over the last month have included a driving range, a baseball field, a miniature golf course, a waste recycling center, and a cemetery.

Redevelopment Board members agreed the land could prove to be

profitable to the town, but Chairman William Sovie said time should be taken in developing a plan of action for the land before making any move to purchase it.

"I think it is necessary to come up with a dynamic plan, a plan that can be developed, something that could gradually improve the land," said Sovie.

Former Conservation Commission member Bruce Whittle, along with Town Meeting Member Freeland Abbott, encouraged board members to protect the town's environmental interests in the land, and stressed the Motherhood and its Influences", will

REEDS, See page 7A

INSIDE ARLINGTON

CABLE TV

Local Programming schedule on Arlington Community Television ACTV (Channel 3)

Thursday, July 30
 6 a.m. Continental Aerobics
 9 a.m. Continental Aerobics
 5 p.m. Video Shortcuts
 5:30 p.m. Another Comedy
 6 p.m. Community TV Update
 6:30 p.m. Forever Baseball
 7 p.m. Town Hall Topics
 8 p.m. On Channel 45, Arlington's Selectmen's Meeting
 8 p.m. The Missing Tooth
 8:30 p.m. Beyond the Classroom
 9 p.m. Extreme Free Style
 9:30 p.m. Runner's Journal
 10 p.m. Continental Aerobics
 11 p.m. In the Space Between Us
 12 a.m. Fidelity House Gymnastics (beginners under 8)
Friday, July 31
 6 a.m. Continental Aerobics
 9 a.m. Continental Aerobics
 10 a.m. Sharing the Commonwealth

10:30 a.m. Little League Tournament
 12:30 p.m. Quilt with Marnie
 1 p.m. Arlington Philharmonic
 5 p.m. Film Show
 5:30 p.m. Selectmen's Update
 6 p.m. Companion Animal Medicine
 6:30 p.m. Extreme Freestyle
 7 p.m. Video Fanzine
 8 p.m. Arlington Ear
 10 p.m. Film Show
 10:30 p.m. Selectmen's Update
 11 p.m. Video Fanzine
 12 a.m. Arlington Ear

Saturday, Aug. 1
 7 a.m. Arlington Ear
 10:30 a.m. The Missing Tooth
 11 a.m. Talking Sports
 12 p.m. Film Show
 12:30 p.m. Little League Tournament
 5 p.m. Video Shortcuts
 5:30 p.m. Town Hall Topics
 6 p.m. Living Unlimited
 7 p.m. Another Comedy Show
 7:30 p.m. Forever Baseball
 8 p.m. Talking Sports
 9 p.m. Video Shortcuts
 9:30 p.m. Town Hall Topics
 10 p.m. Living Unlimited
 11 p.m. Another Comedy Show
 11:30 p.m. Forever Baseball
 12 a.m. Little League Tournament

CLUB NEWS



Grobel elected to post

The Massachusetts State Association of Emblem Clubs recently elected Betty Grobel, past president of the Arlington Emblem Club No. 46 as first vice president of the state as-

sociation. Grobel has held many offices in the past and will be elevated to the office of president at the annual convention in June of 1993. She is a lifelong resident of Arlington.

Gardner appointed

Past President Patricia Gardner of the Arlington Emblem Club No. 46 was recently notified of her appointment as supreme assistant chaplain for District 7 by Supreme President-Elect Ruby Butler. She will assume office at the supreme convention in Nashville, Tenn. in September.

Sarah Ippolito

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U.S. SAVINGS BONDS

THE GREAT AMERICAN INVESTMENT

Sunday, Aug. 2

10 a.m. Live from the Pleasant St. Church
 11:30 a.m. Cable Spotlight
 12 p.m. Town Hall Topics
 12:30 p.m. Living Unlimited
 1:30 Another Comedy Show
 2 p.m. Forever Baseball
 2:30 p.m. Talking Sports
 5 p.m. Video Shortcuts
 5:30 p.m. Town Hall Topics
 6 p.m. Living Unlimited
 7 p.m. Another Comedy Show
 7:30 p.m. Forever Baseball
 8 p.m. Talking Sports
 9 p.m. Little League Tournament

Monday, Aug. 3

7 a.m. Arlington Philharmonic
 5 p.m. Another Comedy Show
 5:30 p.m. Beyond the Classroom
 6 p.m. Kids Camera Action
 6:30 p.m. Film Show
 7 p.m. Community TV Update
 7:30 p.m. Shake Rattle and Roll
 8 p.m. RNRTV
 8:30 p.m. Video Shortcuts
 9 p.m. Our Women Talk
 9:30 p.m. Runner's Journal
 10 p.m. Continental Aerobics
 11 p.m. Our Women Talk
 11:30 p.m. Video Shortcuts
 12 a.m. Arlington Ear

Tuesday, Aug. 4

6 a.m. Continental Aerobics
 7 a.m. Arlington Ear
 9 a.m. Continental Aerobics
 5 p.m. Forever Baseball
 5:30 p.m. Ready, Willing, Enable
 6 p.m. Our Women Talk
 6:30 p.m. Golden Opportunities
 7 p.m. AS Battleship Masters
 8 p.m. The Missing Tooth
 8 p.m. Selectmen's Meeting (Channel 45)
 8:30 p.m. Companion Animal Medicine
 9 p.m. Grecian Melodies
 10 p.m. Continental Aerobics
 11 p.m. Talking Sports
 12 a.m. Arlington Ear

Wednesday, Aug. 5

6 a.m. Continental Aerobics
 7 a.m. Arlington Ear
 9 a.m. Continental Aerobics
 5 p.m. Kids Camera Action
 5:30 p.m. Cable Cuisine
 6 p.m. Sharing the Commonwealth
 6:30 p.m. Quilt With Marnie
 7 p.m. Living Unlimited (LIVE) call in 643-2258
 8 p.m. Video Shortcuts
 8:30 p.m. Golden Opportunities
 9 p.m. In the Space Between Us
 10 p.m. Continental Aerobics
 11 p.m. The Front Page
 12 a.m. Arlington Ear

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Stop Shop plan on hold

STOP, From page 1A

The proposal, which had been "re-fined" since the last public hearing on the issue in June, now includes building a new brick facade at the front surface of the store, adding glass and greenery along the store's front to further landscaping the property to further altering the appearance of the front through increased and installing a large cooler at the store's rear.

Board member Edward Tsoi expressed what he called his "honest" opinion about the proposal and said that although architectural style is "subjective," the present chain's plans compromise the look of Mass. Avenue and fail to address esthetics.

Tsoi, expressing dissatisfaction with the new brick facade proposed,

described it as "silly" and potentially "large and looming" because of the proximity to Mass. Avenue.

"I think there are many architectural solutions to the problem here, but I don't think this is one of them," said Tsoi. "Stop & Shop is one of the best known names in the grocery business. You don't have to hammer that home with an architectural form that has nothing to do with surrounding context."

Senior Real Estate Manager for Stop & Shop, Charles Hofeller appeared to grow agitated with last night's proceedings, and he said that Stop & Shop has made every effort to comply with the town's wishes.

"I'm a little frustrated because we've come all this way and we still haven't started," Hofeller said. "We

get into guessing what is pleasant to your eye."

But other board members said they were satisfied with the work that Stop & Shop has presented and said refusing to grant the special permit, which would necessitate starting over, would be more trouble than worth.

"It's my opinion that this design enhances Mass. Avenue and makes that strip more pleasing. I think the present site is ugly," said Board Chairman William Sovie. "This takes steps toward making it pleasing."

The board will address the issue at its next meeting on Sept. 14. Also at that meeting, a new proposal for an addition to the Mass. Avenue Foodmaster will also be presented and discussed.

Grocery stores face challenge

SUPER, From page 1A

a large, modernized grocery store next to Arlington precipitated moves by upper management at both stores to recapture lost customers. But he said proposals to remodel and enlarge their facilities also point to a growing need for new and improved in-town grocery services.

Redevelopment Board members this week postponed action on granting a special permit to Stop & Shop, and an expansion proposal from Foodmaster will not be heard until September, but McClennen said changes to the old grocery facilities could be the first steps toward better grocery shopping in Arlington.

"Personally, I think Arlington is a community with a lack of sufficient food stores," said McClennen. "There's a tremendous buying potential here, but there's not that many choices."

By doing nothing, they've lost customers," McClennen said. "Both were built in the 50's, when food retailing was considerably different, and both have had minimum upgrading."

According to John Andrew DeJesus of Foodmaster, his store's plans to enlarge its facility by 4,000 square

feet, are designed to give customers the advantages of a full-service grocery store without contributing to traffic, noise and pollution problems to residents near Mass. Avenue.

"The store can't go on as it is," said John Andrew DeJesus of Foodmaster. "It's archaic ... and" antiquated and anything you do there is going to help."

Foodmaster has seven stores, including the one in Arlington. The proposal seeks to enlarge the existing store from 15,000 to 20,000 square feet and rearrange and add to the inside.

DeJesus, commenting on the last public hearing with residents and the board, said that residential complaints about stock delivery times, truck traffic and parking along Bartlett Avenue were "all legitimate concerns" and he said those involved in the proposal process have balanced the needs of the store with the needs of the customers.

"We're not like the chains. We're a family business," he said. "It's a smaller store, but this is hands on management."

Customer shopping patterns during the recession are also playing a part in the differing market.

"People are just being smarter shoppers," said Stop & Shop spokes-

woman Terry Vandewater. "You might see people buying different products, using coupons more. Tying their grocery lists to their circulars."

"I think we'd like to give the customers what they want," said Vandewater. "Usually when we do this sort of building, it's because of demand. It really is to satisfy consumer needs."

Stop & Shop's proposal seeks to increase from 20,000 to 25,000, add parking and landscaping, and a freezer.

Additionally, the future of Highland Market on Arlington Heights is uncertain, with many speculating that it will pull out after its lease is up in 1995.

"I think we have a situation where Foodmaster was sitting and waiting for Stop & Shop, and vice versa," he said. "My impression is that both Foodmaster and Stop & Shop are attempting to protect their market share in Arlington."

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The Arlington Advocate (USPS 031-900) is published weekly at \$20.00 per year (\$34.00 out of county) by Harte-Hanks Community Newspapers, 580 Winter Street, Waltham, MA 02154, (617) 487-7200. Second class postage paid at Boston, MA. Postmaster: Send address changes to: The Arlington Advocate, Circulation Department, P.O. Box 9152, Waltham, MA 02254.

SAFETY TOWN

MONDAY, AUGUST 10th TO FRIDAY, AUGUST 14th AND

MONDAY, AUGUST 17th TO FRIDAY, AUGUST 21st

Register now for our 22nd Annual Safety Town... a single 1-hour class held in a child-sized town, where children are taught proper pedestrian, traffic and bus safety.

It's open to all area children who will enter kindergarten or first grade this September. Classes are at 10 am and 11 am, near Sears Auto Center.

Classes are limited. Parents wishing to register their children should call the Mall Office at 272-8667 (Monday through Friday, 9 am to 5 pm).

This event is sponsored in conjunction with the Burlington Police Department.



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ARLINGTON NEWS

Falwell provides different look at homelessness issue

By E.H. Stockstill
ADVOCATE STAFF WRITER

Arlington High School junior-to-be Cyndy Falwell has an idea of what being homeless during winter in the big city feels like.

"The steam from the sewers hides the street in the thin clouds of fog. Anna slowly walks among the people. Adjusting her brown gloves, she pulls her jacket closer to her, trying to create more warmth. Her old boots clunk as she makes her way into the street..."

The quotation is only part of a story imagined and written by Falwell, a story that describes the character "Anna's" life in Boston's Back Bay. Anna lives in a cardboard box and struggles to survive from day to day on the streets.

According to Falwell, Anna is a composite of some of the experiences she has had in Boston. She says that, to her, the character does seem to represent the urban problems of homelessness and poverty.

But what prompted her to write the piece in the first place?

"It was a school assignment," she said, surprised by the fact that the story went any further than a teacher's desk.

"I just kind of came up with it," said Falwell, who confessed that she later submitted the story to a contest sponsored by the Wang Center because of the prompting of her English teacher. "I was not expecting to win. I thought what I had written was pretty good, but I didn't think it would win."

What she won was one of 10 prizes doled out June 1 at the Wang Center-sponsored Young at Arts "Word by Kids" contest. The contests theme — "city life" — neatly fit Falwell's piece, and she also won a Houghton Mifflin dictionary and a Smith-Corona word processor for her efforts.

But instead of an award-winning student author, Falwell really thinks of herself as simply a normal student, a "sporty type" who also "likes to write creatively." Even when cajoled, though, Falwell doesn't really like to talk about herself. She'd rather be out on the soccer field, or in the newspaper office at Arlington High School or doing work for Students Against Drunk Driving.



Cyndy Falwell, a student at Arlington High School, gets a handshake from Boston Herald arts and entertainment editor Bill Weber. Falwell was a winner in the "Words by Kids" literary contest sponsored by the Young at Arts program at the Wang Center.

"My life is basically school and soccer."

In addition to soccer, which is her favorite sport, Falwell, the Treasurer-elect of her class, also runs track and plays basketball.

Talking about her story, she said that occasional visits to Boston, in addition to her own imagination, helped create the situations for her 500-word piece.

"The actual story I made up," she said. "I hadn't seen that actually hap-

pen, but I had seen things like that."

Falwell said that while her story was originally intended as a classroom exercise, she thinks it is important for young people to realize the problems in society and to work to educate others about those problems.

"I think it's important that different levels of society are interested in this sort of thing," she said. "I think if people my age write this sort of thing, it has more of an impact."

Conservation means dollar savings

By E.H. Stockstill
ADVOCATE STAFF WRITER

A new computer network and 19 new power burners now form the backbone of a state-of-the-art energy maintenance system at local schools that took 12 years and more than \$100,000 to develop and implement. Officials with the local Building Maintenance Department said.

The new system, according to department Superintendent H. Curtis Hoag, has helped cut school fuel consumption by more than 60 percent and has already fine-tuned the monitoring of temperatures at Arlington High School.

Both the high school and Ottoson Junior High School have seven new power burners — replacing older rotary cup model burners — while the seven elementary school have two each. In addition, an upgraded computer package from American Energy Maintenance Systems now regulates temperature controls at the high school. Ottoson's computer system is slated for similar upgrading next year.

According to Hoag, the new system has conserved large amounts of fuel oil and has streamlined and quickened school energy maintenance procedures.

"This is the cutting edge of technology," said Hoag. "Others are not up to speed with this. Although we're [all] energy minded, not all of us have the bucks to do it."

"Neighboring towns are not up to speed with this."

Figures from the maintenance de-

partment indicate that in 1990, 317,256 gallons of oil were used throughout the school system, down considerably from the 1 million gallons consumed in 1980 by the old burners. Hoag said costs for heating and cooling the schools have also dropped by as much \$104,000 due to the new system's greater efficiency.

"One of the hot buttons has been energy conservation," said Hoag, describing the new system as "about 9 million times more efficient."

"It enhances the energy savings considerably in a humongous complex" like the high school. Hoag said the new burners have numerous advantages over the "ancient" rotary cup burners, including greater fuel efficiency, ease of repair and "more finite" controls that "can be manipulated and fine-tuned." Coupled with up-to-date computer technology, Hoag said, temperatures can be reset at 15-minute intervals and maintained more consistently.

"It's actually controlling the running times," said Hoag. At one time, "everything was on human control, and clocks."

Burners at the elementary school will continue to be manually operated, Hoag said, but Ottoson's should be computer-controlled within the next year.

According to Bernard Smith, with the New England Fuel Institute in Watertown, a system like Arlington's represents the kind of fuel and cash savings a town can collect if energy maintenance isn't forced to take a back seat to other priorities.



Louise Ruma Ivers

ADVANCE PLANNING WILL REDUCE PROBLEMS WHEN MOVING

"Planning can help to reduce some of the problems associated with moving," says Louise Ivers, President of Ivers & Stein Realtors.

Projects, such as sorting through closets, attics and basements should be done early.

Sellers need to transfer family medical and financial records. Also, they need to remember to remove personal records from safety deposit boxes or storage facilities as they may be forgotten. Children's school records, birth certificates, insurance and hospitalization cards and any other important documents should be collected she adds.

Banking and checking accounts should be transferred to institutions in your new community the week before you arrive.

Obtain change of address cards from your post office to ensure that all of your mail will be forwarded to you.

"The key to a smooth move is organization and leaving enough time so that all projects can be completed prior to the move date," notes Ivers.

Ivers & Stein Realtors has 19 Sales Associates and has served the Arlington area for 16 years.

Program offers youth help with employment, life

It is a regretful fact that today's job market is exceedingly competitive. It is often no longer enough to be knowledgeable and experienced in your area of expertise. Many times it is getting "your foot in the door" through personal contacts, etc. combined with your education and training that gets you a job.

Centro Hispano de Chelsea, in conjunction with ERI and the Department of Medical Securities, is attempting to ease some of this frustration by offering a program designed to obtain employment for those interested in and/or trained in medically

affiliated professions.

Centro Hispano is an agency with a history of working with the Latino community in Chelsea. Centro's areas of expertise include advocacy; ESL (English as a Second Language) classes; HIV testing; prevention, education, counseling, and support services; and industrial accidents.

The agency is now working on an employment and referral facet entitled Project Reach which is targeting medical professionals, recent graduates, as well as those interested in working in a hospital environment. The current clientele consists of RN's, LPN's, phlebotomists,

lab assistants, nurse's aides, medical secretaries, receptionists, maintenance works etc. Services provided by Project Reach include one on one skills and interest evaluations, resume preparation, counseling, support, access to a convenient updated job bank with various job listings from several area hospitals and affiliated agencies, placement assistance, and consultations on interviewing skills, cover letters, applications, etc. All services are provided at absolutely no charge.

The individuals (Hispanic and otherwise) must be unemployed or

underemployed and be able to speak, read, and write English fairly well. They must also exhibit the capability and determinations required for securing employment in the medical environment. Also, they must reside in one of the following areas: Arlington, Belmont, Burlington, Cambridge, Chelsea, Everett, Malden, Medford, Melrose, North Reading, Reading, Revere, Somerville, Stoneham, Wakefield, Watertown, Wilmington, Winchester, Winthrop, or Woburn.

For more information on how you can be part of Project Reach, call Michelle at 884-3238.

Correction

Because of an error, The Advocate incorrectly listed the name of an Arlington Fire Department deputy. His name is Richard Maimone. The Advocate regrets the error.

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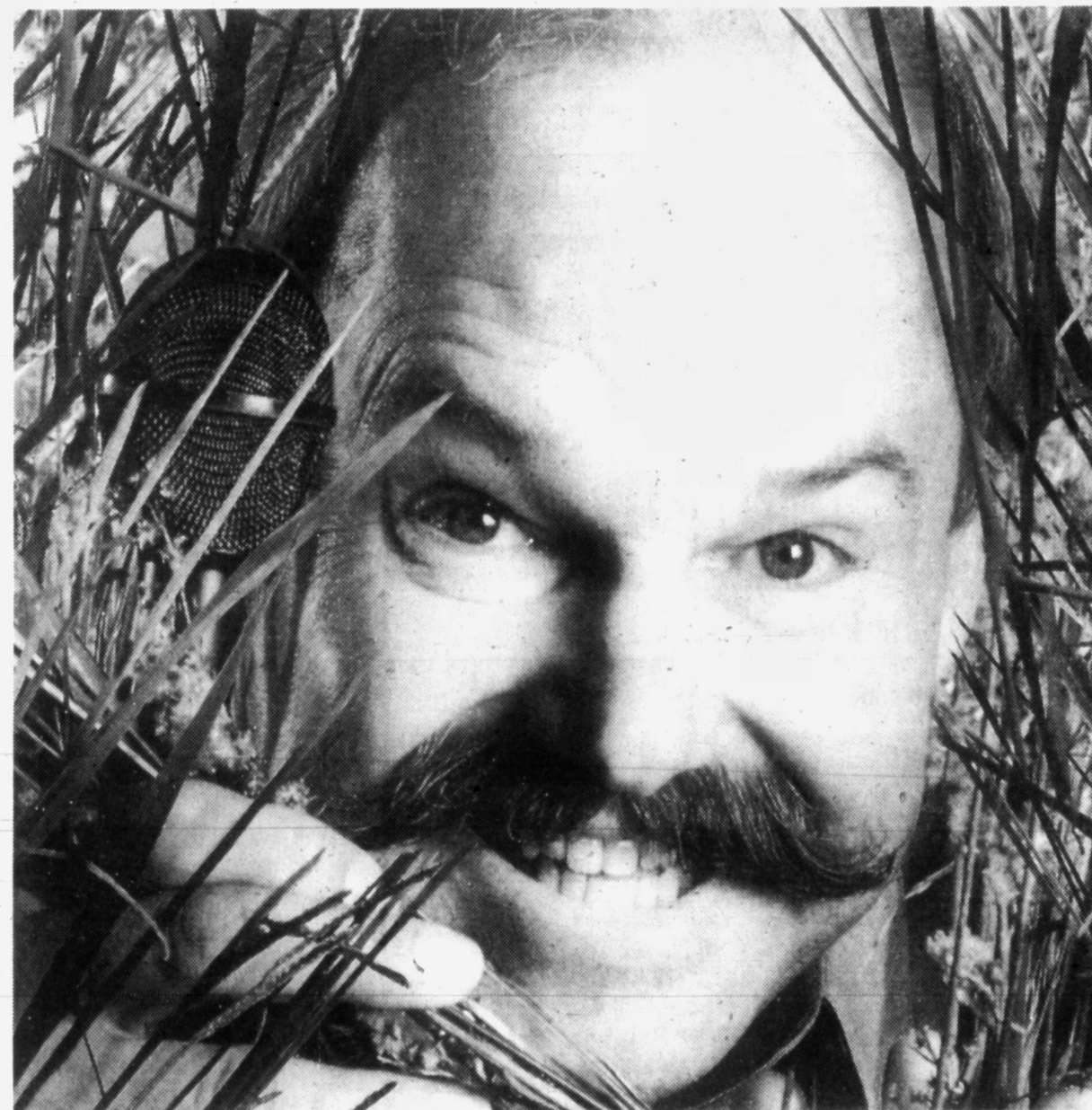
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ARRESTS

■ A 32-year-old Somerville man was arrested and charged with speeding and driving a motor vehicle without an operator's license Monday, July 20, police said. Police said they arrested the man, a resident of Somerville Avenue, on Jason Street at 7:30 p.m. and charged him with exceeding the speed limit and operating his motor vehicle without a proper driver's license.

■ A Park Terrace man who apparently had been using two identities over a period of time may be charged by Arlington authorities with, among other things, falsifying his identity, police said. The man reported a stolen motorcycle Tuesday, July 21 at 10:35 a.m. When police arrived at the man's home, they checked out his own record by using the name on his driver's license and learned that there was a warrant out for the man for armed robbery in Boston. They questioned the man about the information, and he then claimed another name as his own. According to police, the man probably will be charged this week with filing a false report and providing a false identification. Police said they later found the man's motorcycle near his home at the rear of Arlington Catholic High School. The motorcycle had two flat tires, smashed mirrors and various other

damages. Arlington police had no additional information on the Boston robbery charges.

■ A 31-year-old Lynn man was arrested Thursday, July 23 on Mass. Avenue and charged with driving after the suspension of his license, police said.

■ According to police, the man's car had a cardboard license plate when they stopped him Thursday at 2:30 p.m., arrested and charged him.

■ An Arlington woman was arrested and charged with default of a warrant from Brighton District Court and served by Harvard University Police. No additional information was available, local police said.

LARCENIES & BREAK-INS

■ An attempted theft at Pleasant Street was reported Monday, July 20 at 10:03 a.m.

■ Larceny on Gloucester Street was reported at 8:40 p.m. on Monday, July 20.

■ On July 22 at 10:53 p.m. a residential breaking and entering Watermill Place address on Wednesday, July 22, a residential breaking and entering was reported at 10:53 p.m.

■ A motorcycle at 8 Dudley St. was set on fire around 12:07 a.m. on Thursday, July 23, police said. According to police, the arson occurred after an attempted, but unsuccessful, motor vehicle break-in and theft at the same address.

■ At Dudley Street Thursday, July 23 at 6:15 p.m., a motor vehicle breaking and entering was reported.

Man arrested, charged for rape

A 32-year-old Allston man was arrested on Saturday, June 18 by Boston police on a warrant and charged with sexually assaulting a minor under the age of 14, police said.

Police said Milton Sanchez, of Hefernan Street, Boston, was arrested at 1:25 p.m. on June 18 and charged with indecent assault and battery and rape of an Arlington girl. He was later released on \$20,000 bail.

According to police, the events happened over a series of years and said they finally learned of the situation after working with the state Department of Social Services.

Police said the girl's mother is a friend of the man who allegedly assaulted the girl.

■ On Oakland Avenue at 9:03 a.m. Friday, July 24, a larceny was reported.

■ Someone reported a stolen vehicle on Waldo Street at 2:02 a.m. Saturday, July 25.

■ At 12:23 p.m. on Saturday, July 25, a bike valued at \$400 was stolen from a Broadway home.

■ A larceny on Mass. Avenue was reported to police by someone at 11:43 a.m. on Sunday, July 26.

■ Another bike, this one on Waldo Street and of unknown value, was reported stolen at 12:04 p.m. Sunday, July 26.

■ A residential breaking and enter-

ing at a Arizona Terrace home was reported at 7:32 p.m. on Sunday, July 26.

VANDALISM

■ A motor vehicle was reported vandalized on Winchester Road at 1:24 a.m. Tuesday, July 21.

■ On Tuesday, July 21 at 6:52 p.m. on Bow Street, a motor vehicle was reported vandalized.

■ At 8:10 p.m. Tuesday, July 21, someone reported a motor vehicle vandalism on Willow Court.

■ Two more motor vehicles were vandalized one Wednesday, July 22, one on Wollaston Avenue at 1:25 p.m. and another on Hodge Road at 4:41 p.m.

■ A vandalism at 630 Mass. Avenue was reported on Thursday, July 23 at 10:24 a.m.

■ A motor vehicle was reported vandalized on River Street at 5:39 p.m. Friday, July 24.

■ On Saturday, July 25 at 3 p.m., a motor vehicle vandalism was reported at Mass. Avenue.

■ A Watermill Place residence was reported vandalized at 11:01 p.m. Saturday, July 25.

MISCELLANEOUS

■ A loud noise was reported on Mass. Avenue at 12:11 a.m. Monday, July 20.

■ On Monday, July 20 at 3:04 a.m., a rescue at a Pleasant Street address was reported.

■ A person was reported missing from a Mass. Avenue address at 3:56 a.m. on Monday, July 20.

■ At the Stratton School, an alarm

reportedly sounded around 5 a.m. Monday, July 20.

■ A suspicious condition at Pond Lane was reported at 6:12 a.m. Monday, July 20.

■ On Monday, July 20 at 6:29 a.m., a suspicious person was reported on Broadway.

■ Reported on Monday, July 20 at 9:07 a.m. was a suspicious call to a Thesda Street address.

■ A person was reported missing from a Cedar Avenue address at 9:12 a.m. Monday, July 20.

■ A rescue at Lake Street was reported to police at 9:27 a.m. on Monday, July 20.

■ On Richfield Road at 10:05 a.m. Monday, July 27, a suspicious condition was reported.

■ Another suspicious condition, this one on Foster Street around 10:17 a.m. Monday, July 20, was reported.

■ Someone requested a patrol at Arlington High School at 10:26 a.m. Monday, July 20.

■ A residential alarm reportedly sounded at a Mass. Avenue address on Monday, July 20 at 2:44 p.m.

■ On July 20 at 2:43 p.m., a police escort was requested at Drake Road.

■ Another police escort, one at Mass. Avenue around 2:49 p.m. July 20, was requested.

■ A suspicious person was reported was reported at Pleasant Street at 3:17 p.m. on July 20.

■ At Waldo Park, a rescue was reported at 3:43 p.m. on July 20.

■ A suspicious condition at a Teel Street address was reported to police at 3:49 p.m. on July 20.

■ On Monday, July 20 at 4:49 p.m., a business alarm at a Mass. Avenue address was reported sounding.

■ An alarm at Arlington High School reportedly sounded around 4:52 p.m. on July 20.

■ There was a rescue reported at a Drake Road address at 4:56 p.m. Monday, July 20.

■ A business alarm on Mass. Avenue was reported on Monday, July 20 at 5:06 p.m.

■ Two residential alarms, one on Apache Trail at 7:29 p.m. and another on Eliot Road at 7:43 p.m., were reported Monday, July 20.

■ Youths reportedly were drinking at the Veterans Memorial Park Monday, July 20 at 7:46 p.m.

■ A restraining order was served to someone at a Bartlett Avenue address on Monday, July 20 at 7:51 p.m.

■ A suspicious person on Overlook Road was reported at 8:04 p.m. Monday, July 20.

■ At Clark Street around 8:30 p.m. on Tuesday, July 21, a car fire was reported.

■ On Madison Avenue at 9:38 p.m. Monday, July 20, an accident without injuries was reported.

■ An escort was requested at a Mill Street address at 9:49 p.m. Monday, July 20.

■ At the corner of River Street and Mystic Valley Parkway, a suspicious condition was reported Monday, July 20 at 9:50 p.m.

■ Youths were reported gathering between 9:56 p.m. and 9:59 p.m. at both Mount Vernon Street and the skating rink on Monday, July 20.

■ A restraining order was served to someone at a Bartlett Avenue ad-

Somerville man charged for indecent exposure

Open and gross lewdness and lascivious speech in the St. Paul Cemetery were the charges levelled against a 24-year-old Somerville man arrested Tuesday, June 21 around 8:40 p.m., police said.

According to police, three Somerville youths, two 13-year-old boys and one 11-year-old boy, were riding bicycles through the cemetery on their way home when they came across the man, a resident of Milton Avenue in Somerville, who, naked, proceeded to make obscene comments to and gestures at them. The youths returned home and reported the incident to Somerville police.

After being informed of the incident by Somerville police and then finding the man in the cemetery, Arlington questioned the youths, who returned to the cemetery and identified the man.

The man was then arrested and charged, police said.

dress at 10:22 p.m. Monday, July 20.

■ Youths reportedly gathered at Hilton Street around 10:25 p.m. on Monday, July 20.

■ At the corner of Forest and Bow streets, an accident without injuries was reported at 10:26 p.m. Monday, July 20.

■ An assault and battery at a Fremont Court address was reported to police at 10:34 p.m. on Monday, July 20.

■ Youths were reportedly gathering at both Mass. Avenue and Robbins Farm between 10:29 and 10:38 p.m. on Monday, July 20.

■ Family trouble was reported at a Parker Street home at 10:39 p.m. Monday, July 20.

■ On Parker Street Monday, July 20, a person was reported missing at 11:33 p.m.

■ A rescue was reported at Academy Street Monday, July 20 at 11:36 p.m.

■ Youths were reportedly gathering at the corner of Oldham and Hutchinson roads at 11:50 p.m. on July 20.

■ On July 21 a rescue at Drake Road was reported to police at 1:15 a.m.

■ A bank alarm at the rear of a Mass. Avenue address was reported at 2:23 a.m. on July 21.

■ On Magnolia Street, an accident with injuries was reported on July 21 at 7:04 a.m.

■ An alarm at the Arlington High School Guidance Office was reported at 7:33 a.m. on July 21. Another bank alarm along Mass. Avenue was reported at 8:13 a.m. on that same day.

■ At 9:57 a.m. on July 21, a suspicious condition was reported at Lake Street.

■ A stolen vehicle was reported at a Park Terrace address on Tuesday, July 21 at 10:09 a.m.

■ An apartment burglary at a Mass. Avenue address was reported at 9:45 p.m. Tuesday, July 21.

POLICE, See page 6A

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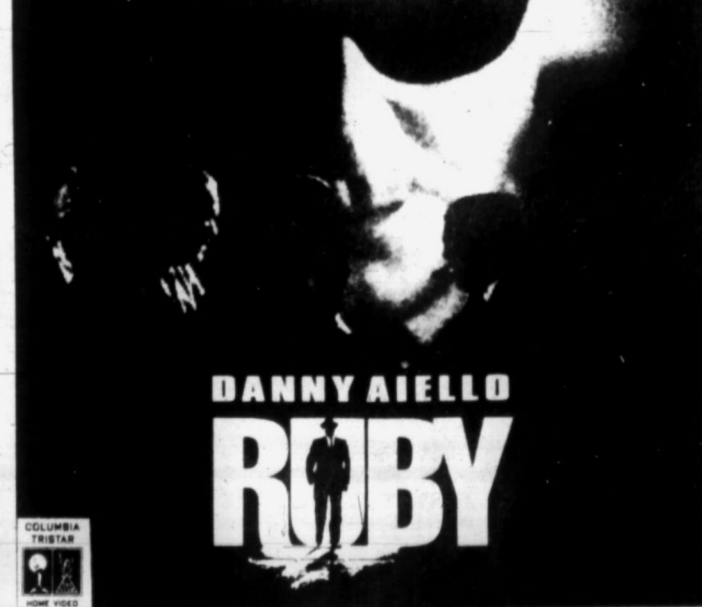
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ARLINGTON NEWS

Local doctor seeks key to diabetes

All the insulin in the world cannot help an estimated 80 percent of the 15 million Americans with diabetes.

Although regular injections of insulin prove to be a boon to 3-million victims of juvenile diabetes — a variety of the ailment marked by the inability of the pancreas to produce its own insulin and thus regulate the levels of sugar in the bloodstream — 12 million other diabetics produce enough insulin, but with little effect on regulating their own blood-sugar levels.

The problem with these victims of non-insulin-dependent diabetes mellitus, or NIDDM, seems to reside in the so-called target cells in the fat, liver and kidneys, according to Marc d'Alarcao, associate professor of chemistry at Tufts University, citing a collaborator's research. d'Alarcao is a resident of Arlington.

Normal target cells, d'Alarcao explained, release a substance in the presence of insulin called a phospho-oligosaccharide that signals the cell to begin its biochemical consumption of sugar molecules.

The process that allows a cell to recognize insulin and nudge it into sugar assimilation "is still poorly understood," according to a paper co-written by d'Alarcao and Alan R. Saltiel, a research chemist at

Warner-Lambert's Parke-Davis pharmaceutical research division who discovered target cells' chemical "insulin switch" in 1986.

The paper, "Synthesis and Characterization of an Insulin-Mimetic Disaccharide," was published recently in the *American Chemical Society's Journal of Organic Chemistry*.

d'Alarcao's research group is attempting to chemically build a portion of this cellular substance, called an insulin-mimetic disaccharide, that would trigger target cells to utilize sugar and ultimately provide a method for treating those with NIDDM.

"It's still a leap of faith, but taking this direction in our research is still very promising," d'Alarcao said. Tests on living tissue are being performed by Saltiel at Parke-Davis in Ann Arbor, Mich.

"What our group is trying to do is synthesize a portion of this substance in hopes of creating a small molecule that mimics insulin and can nudge target cells into assimilating sugar," d'Alarcao said.

"It's not as if we're building the Sears Tower," he said when asked about the complexity of the task at hand. He compares the project of building a specialized sugar molecule to the construction of the Frank

Lloyd Wright house — a balance of form and function.

However, d'Alarcao is quick to refocus the goal of his research away from processes of synthesizing chemical compounds to the big picture of finding a new treatment for diabetes.

He goes on to suggest that such "nudging" behavior in target cells manifests itself in other body tissues, creating the stunning possibility that other cellular "switches" could be engineered that "nudge" immune cells into becoming activated against cancer cells, for example.

d'Alarcao joined Tufts University as an assistant professor of chemistry in 1986. A native of Bridgewater, he attended the local public high school before enrolling in Bridgewater State College, where he received a bachelor's degree in chemistry.

Before coming to Tufts, d'Alarcao was a postdoctoral fellow at Harvard after receiving a doctoral degree at the University of Illinois at Champaign-Urbana.

NEWS NOTES

Precinct 12 holds cookout

Approximately 40 Precinct 12 residents turned out to a cookout on Sunday, July 19. The event was hosted by Chuck and Nancy Pappas on Grand View Road. The guest speaker was Town Treasurer John Bilafer who discussed the water/sewage rates and the dilemma facing the rate payers.

Bilafer said he felt the only relief available to rate payers was either through federal or state funding. However, he acknowledged that a reevaluation of the MWRA fiscal and environmental policies by the inspector general and/or the state auditor under a review by Judge Mazzone might "possibly" lead to rate relief and an environmental engineering review.

Book on history of town published

Stories of Early 20th Century of Life, a bicentennial oral history of Arlington, is now published. Subscribers may pick up their copy Saturday, Aug. 1, in front of town hall, from 10 a.m. until noon. As arranged, the book will also be delivered or mailed. "Stories" will be available for sale at local stores and bookstores for a retail price of \$12.

"Horses — Horse & Buggy, Pungs, the Blacksmith's Shop, etc.," "Trains and Trolleys," "Horseless Carriages — the Early Automobile," "Farmers, Farm Hands, Greenhouses, Farms" are some of the chapter headings. The soft cover book includes an index of names and more than 30 period photographs and maps — 192 pages in all. The principal interviewer is John "Jerry" Crowley, the editor is Oakes Plimpton, the publisher is the Arlington Arts Council.

The Arts Council will distribute copies to Robbins Library and the town schools, and through the schools and Council On Aging, make available copies to students and senior citizens at half price, \$6.

Democrats announce local organizing

Judith Taylor, chairwoman of the Arlington Democratic Town Committee, announces the formation of a local campaign to support the Clinton/Gore ticket. Interested Arlington residents should contact the Arlington Democratic Town Committee at 16 Spring St., Arlington, or call 646-6970.

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SENIOR NEWS

Arlington Seniors Association Weekly programs

Sponsored by the Arlington Seniors Association, these programs are offered every week at the Senior Center. To join a class or group, call 646-1000, ext. 4740 or 4743.

Monday, 9:30 to 10:30 a.m., exercise; 1 to 4 p.m. contract bridge.

Tuesday, 10 a.m. to noon, writers' workshop, 10 to 11:15 a.m., beginning line dance with Charlie Kay.

Wednesday, 10 a.m. to noon, informal knitting; 1 to 4 p.m., contract bridge; 1 to 3 p.m., beano; 1 to 3 p.m., pool lessons. Thursday, 9 to 11 a.m., square dance lessons; 10 a.m. to noon, senior forum; 1:15 to 2:30 p.m., line dance class.

Friday, 9 to 10:30 a.m., yoga; 1 to 4 p.m., contract bridge or other games.

Summer exercise class

In this class we will focus on strengthening, stretching and loosening our muscles, increasing overall flexibility and postural awareness, decreasing both physical and mental stress and most important, have a lot of fun doing it on Wednesdays, from 9:30 to 10:30 a.m.

Overnight trips

Aug. 17 to 22: Prince Edward Island/Nova Scotia, six days, eight meals. Cost is \$589 per person, double occupancy. Enjoy the ferry cruise to Prince Edward Island, Scotia Prince Cruise with casino gambling, visit to "Anne of Green Gables" house and sightseeing tours. Final payment was due July 15. Call Betty at 643-6143.

Sept. 16 to 18: Atlantic City, N.J., "Taj Mahal" — three days, two dinners and review show. Cost is \$179 per person double occupancy. Deposit is \$25. Call Betty at 643-6143.

Sept. 27 to 28: Indian Summer Special at the Beacon — two days, one night. Cost is \$124 and includes luncheon, dinner, breakfast and a picnic lunch. Gambling (free), bingo, entertainment and a cruise on the M.V. Mount Washington on Lake Winnepesaukee. A \$25 nonrefundable deposit is due upon reservation. Final payment due by Aug. 25. Call Mary at 648-0311.

Oct. 11 to 13: Adirondack Mountains — four meals, two breakfasts, two dinners. Cost is \$269 per person, double occupancy. Trip includes International Museum of Music, Utica Club Brewery, Indian Bingo, Beck's Grove Dinner Theatre, Oneida Mansion, Fort Stanwick, Erie Canal Vil-

lage, National Baseball Hall of Fame. \$25 due upon reservation. Call Mary at 648-0311.

Part-time position

Receptionist position available at Senior Center for record keeping, telephone information and referral. Applicant must be 55 or older. Please call Carol Burns at Minute-man Homecare at 272-7177.

Programs and Services at the Arlington Senior Center Council on Aging

Are you handling your foods properly to assure they stay nutritious and safe to eat? Peg Mikkola, Registered Dietitian, will speak at Arlington Senior Center before lunch, 11:45 a.m., on Wednesday, Aug. 5, regarding safe food handling. Please come with any questions.

Health counseling schedule

Thursday, July 30, 1-2:30, COA, Thursday, Aug. 6, 1-2:30, COA; Thursday, Aug. 13, 1-2:30, COA; Thursday, Aug. 20, 1-2:30, COA; Thursday, Aug. 27, 1-2:30, COA.

How to protect yourself from money fraud

What to look for: Perpetrators of money schemes work by gaining people's trust and then taking advantage of that trust to defraud them of their money. To protect your savings, there are some situations you should avoid.

This twice before withdrawing large amounts of cash or cashing checks for strangers. A defrauder will ask someone to cash a check for them and offer a cash bonus for the 'favor'. The person later discovers the check is stolen or no good.

Beware of fast profit deals that require your money up front. You should be suspect of most get-rich quick schemes, but particularly those that require your investment in advance. Once defrauders get your investment, they disappear and you never see the promised profit.

We strongly advise against giving your bank account number to a stranger.

Frequently, vendors appearing on TV ads request your bank account number by phone in order to debit your account for some purchase. Because a number of these offers are not legitimate, it is wise to refrain from providing your account number.

In order to illegally access your account, someone may also call you.

pose as a bank employee, and request your account number. They offer seemingly plausible explanations but, the fact is, no one employed by or representing a bank would need to ask for an account number.

It pays to be skeptical. If you have questions contact a law enforcement official.

Shine

COA Health Benefits Counselors will be at the Council on Aging on Tuesday and Thursday mornings from 10 a.m. to noon to provide free confidential assistance with questions on Medicare, MEDEX, Health Maintenance Organizations, Insurance Claims Forms, prescription drugs etc. To make an appointment call 646-1000, ext. 4720. If you, for any reason, are unable to keep your appointment with SHINE, a call letting us know would be appreciated.

Minuteman Home Care eating together meal site

Senior Center Luncheon Site, 27 Maple St.: Call Site Manager Marge Scott, 646-1000, ext. 4747 for reservations and transportation. Drake Village Site, Hauser Bldg. 37 Drake Village Road: Call Site Manager Marilyn Bruno 648-7500 for reservations.

POLICE LOG

POLICE, From page 4A

Also on July 21, youths were reported gathering at Whittemore Street at 11:25 a.m.

Within nine minutes, three separate accidents were reported on the afternoon of Tuesday, July 21. On Pleasant Street, an accident without injuries was reported at 2:28 p.m. on Tuesday, July 21. Another accident-free injury, this one at the corner of Appleton and Florence avenues, was reported at 2:35 p.m. the same day. Two minutes later, an accident with injuries was reported at Mass. Avenue.

An alarm at Arlington High School sounded at 5:07 p.m. on July 21.

At the corner of Fordham Street and Rawson Road, youths were reported gathering at 11:54 p.m. on Tuesday, July 21.

tions and transportation. Reservations are necessary. Menus may change without notice. Monday, Aug. 3, meatloaf w/mushroom gravy; Tuesday, Aug. 4, turkey tetrazini; Wednesday, Aug. 5, eggplant parmesan w/meat sauce; Thursday, Aug. 6, beef rib patty; Friday, Aug. 7, baked chicken Hawaiian.

Project Hire

If you are in need of a companion, homemaker or healthaide and you live in Arlington or Lexington, Contact: June Brooks, Project Hire/COA at 646-1000, ext. 4720, Monday through Thursday, 9 a.m. to 2 p.m., 27 Maple St., Arlington, MA 02174.

Social Services Notes

If certain personal problems have you or a member of your family troubled, don't keep them to yourself. Our Outreach Worker, Diane Tainter, a licensed social worker, can help you with short-term counseling, nursing and retirement homes, emotional dysfunction and the like. For more information, call Diane Tainter at 646-1000, ext. 4720.

Senior Citizens' Law Project

The Senior Citizens' Law Project of Cambridge and Somerville Legal Services Inc. provides legal assis-

tance to eligible Arlington Seniors at no charge. Legal assistance is available in the following areas, among others: Social Security, SSI, Medicaid, Medicare, evictions, and nursing home care. Please call our intake line: 646-1000, ext. 4720 or ext. 4731. You can also meet with our intake worker, Myrtle Joy at the Arlington Council on Aging.

Dial-a-ride

Dial-A-Ride cards are available at the Council on Aging between 9 a.m. and 3 p.m.

Driver's needed

Volunteers needed for Meals-On-Wheels delivery one hour per day, per week or per month. No number of hours is too small or too great. To set up a time to fit into your busy schedule, call the Council on Aging at 646-1000, ext. 4720.

Volunteer opportunities

The Council on Aging is currently recruiting for the Friendly Visitor Program. If you would like to spend an hour or so a week with an Arlington elder, sharing your time and love please call Lynne McCluskey at 646-1000, ext. 4720. Our current Friendly Visitors say that you'll get back more than you give. Call Lynne

today!

Help available for yard work

The Links Program has been funded by W.R. Grace to "link" 7th and 8th grade students with elders needing yard cleanup, raking leaves, pet care, etc. Dennis Mercurio is the school/student coordinator. All arrangements for doing and monitoring work will be made between seniors, students, and their parents. Interested Seniors should call June Brooks Monday through Thursday, from 9 a.m. to 1 p.m., at 646-1000, ext. 4720.

MBTA pass

MBTA passes will be issued sometime in the month of October. Please watch for date and time in The Advocate and Senior Notes.

Special phone number

The COA has a TDD phone for the hearing impaired. Please call 648-8130.

Rep. Marzilli

Representative Marzilli will be at the Council on Aging on Monday, Aug. 3, at 9 a.m. Please drop by to ask questions, share your thoughts and opinions, or just come by to say hello.

be drinking at Gardner Street.

An accident without injuries was reported at the Mass. Avenue Walgreen's at 6:26 p.m. on Saturday, July 25.

A restraining order was served to someone at a Virginia Road address around midnight on Sunday, July 26. Threats at a Walnut Street address on July 26 at 9:41 a.m. were reported.

Man arrested for assault

A 24-year-old Revere man and a 25-year-old Chelsea man were arrested and charged with sexually assaulting an Arlington teenage girl, according to police.

Scott M. Rosetti, of Revere, and Bruce Moscatelli, of Chelsea, were arrested Tuesday in connection with the alleged assault.

Police said the incident occurred

the previous night, July 20, at the home of a female acquaintance of the two men and that the men, arrested the next day, were charged with indecent assault and battery and rape.

They were each later released on \$2,500 bail.

The young woman is in her late teens, police said.

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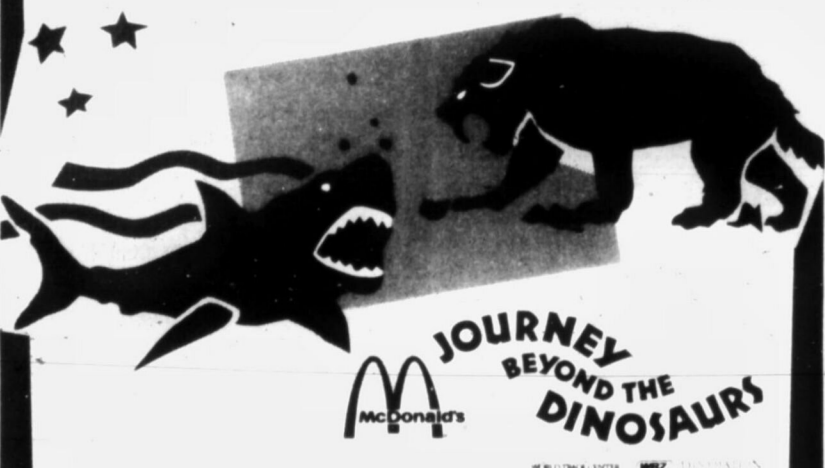
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Domaine Bressand Pouilly-Fuisse	\$10.99 750 ml	Chateau Le Fleurant White Bordeaux Wine	3 for \$11.99 750 ml
Gordon's Vodka 80°	\$10.99 - 2.00 - M.I.R. Final Cost 1.75 Lit	Seagram's Gin	\$12.99 1.75 Lit
Cluny Scotch	\$13.99 1.75 Lit	Seagram's 7	\$12.49 1.75 Lit
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ARLINGTON NEWS

New water rates OK'd by board

Arlington will have a two-tiered water rate structure for 1993.

The Board of Selectmen voted unanimously Monday to implement a new system for paying for water that will prove a lower minimum bill for those who use less water, and is expected to encourage conservation among the town's biggest consumers.

The new system will charge a flat \$37.10 fee for all customers to cover the local costs of running the system. The rates will be \$1.60 per water unit (ccf) for each unit under 200 ccf per year. Once the amount goes above 200 ccf the rate will increase to \$2.35 per ccf.

The average household of four is expected to fall far under the 200 ccf cutoff, said town officials.

At the board's meeting Monday, local attorney Richard Keshian, representing two landlords who together hold more than 600 units in town, appeared to object to the water structure saying it would place a heavy burden on the landlords.

The board said it would continue to look at the rate structure in the future.

These new rates will go in effect in April 1993 and will be reflected in the July 1, 1993 water bill.

Future of Reeds Brook discussed by board

REEDS, From page 1A

be presented at the Jefferson Cutter House in Arlington from Aug. 3, to Aug. 28. The participating artists will

be: Cheryl Warrick, Heddi Siebel, Maryellen Sakura, Mele Meyer, Mimi Kirchner, Cathy Kernan,

Elissa Iberti, June Homec-Burchell, Sachiko Furui, Karen Frostig, Shawn Dulaney, Lei-Sanne Doo, Linda Liu Behar, Patricia Aaron and Adria Arch. These artists work in a wide range of mediums including ceramic, monotype, watercolor, oils, and textiles. The reception will be Sunday, Aug. 9, from 4 to 6 p.m. The exhibition is being curated by Lei-Sanne Doo.

The topic of the exhibit addresses the assets and difficulties the role of motherhood brings to an artist. Doo, curator of the exhibit, comments, "Raising children requires transitions for working women no matter what career they follow. But when you are an artist and a mother, both roles are intense emotionally and spiritually. They are both lifetime oc-

cupations. I was interested in documenting examples of mothers who successfully combined both pursuits. This show is about artists who have cultivated their creativity and endurance in spite of, or perhaps because of their roles as mothers."

A portion of all sales will be donated by the artists to the Bristol Lodge Family Shelter in Waltham.

This exhibit at the historic Jefferson Cutter House, located in Arlington Center at the corner of Massachusetts Avenue and Pleasant Street, has been graciously permitted by the Town of Arlington, Department of Planning and Community Development.

Admission is free. Gallery hours are Monday through Friday, noon to 4 p.m.

SCHOOL NEWS



Accounting program offered at Newbury

Newbury College offers a program in accounting at their Arlington campus. Graduates of this accounting degree program qualify for a variety of career paths including banking, bookkeeping, payroll management, and collections.

Located at Arlington High School on Mass. Ave., Newbury offers adult students the opportunity to earn an associate's degree in two years by attending classes two evenings per week.

Newbury College offers assistance with financial aid and academic and career counseling. Newbury is approved by the Veteran's Administration and is accredited by the New England Association of Schools and Colleges. For more information about classes beginning Sept. 14, call Wayne Mullin, at 648-5424.

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The Arlington Advocate

COMMENT



The Birthplace of "Uncle Sam"
Samuel Wilson

Editorial

Job responsibilities

Discussion of the executive secretary to the Board of Selectmen's position by board members Monday revealed one very clear image: the board has no idea what its office does or is supposed to do.

Following the current executive secretary's announcement he would be leaving the post he has held for the last 21 years, the board asked for the town's personnel director and the appointed Personnel Board to come in and discuss the duties of their office.

The discussion showed the board has little grasp of what it is their office does and, most importantly, what it could do. Board member presented five very differing ideas of how the Personnel Board could assist them and what they expect the volunteer board to do for them.

The public dialogue among board members also showed the board's leadership was unaware there were already people in positions who are designated to run the office when the is no executive secretary on site.

Perhaps this lack of knowledge by this and other boards of selectmen over the years allowed the office to continue to drift in recent years. Currently, many of the major jobs ascribed to selectmen — the annual report, the warrant, and elections — are handled either primarily or in total by other offices in town.

The job descriptions any outside reviewers provide for the office staff of the selectmen will be meaningless unless the board recognizes its own job — to provide leadership to the town.

Our Board of Selectmen stands at a point where they can provide leadership to the entire town. They must first get their own house in order and then take a honest, and non-political, look at how their office can be run.

The operations of the board can certainly be handled more efficiently, but we're also betting it can be done at a savings to the town.



Beacon Hill Roll Call



Sen. Havern



Rep. Marzilli



Rep. Gibson

Beacon Hill Roll Call records local senators' votes on two roll calls from July sessions. There were no roll calls in the Senate last week. The Senate is expected to meet this week to act on a fiscal 1992 supplemental budget and some of Governor William Weld's budget vetoes.

ABUSE (S 825) — The Senate voted 31-0 (two senators voted "no" but under a Senate pairing rule their votes were not reflected in the final tally) to give initial approval to a bill allowing additional court personnel to issue temporary restraining orders in domestic abuse cases when the courts are closed for business. Current law gives this authority to justices of the superior, probate and family, district and Boston municipal courts. The bill would add clerk magistrates, registers and their assistants. Supporters said this will protect these abuse victims and make it easier to obtain temporary restraining orders by telephone when the courts are closed and the plaintiff demonstrates a substantial likelihood of immediate danger of abuse. Opponents offered no arguments. (A "yes" vote is for the bill. A "no" vote is against it.)

Sen. Robert Havern voted no.

VOLUNTARY (S 1654) — The Senate voted 19-15 to approve an amendment to the bill sealing back the recent hike in unemployment taxes paid by employers. The amendment would eliminate unemployment benefits for many people who voluntarily quit their jobs. Amendment supporters said this bill will save \$25 million and said the state should not subsidize people who voluntarily quit their jobs. Opponents said this amendment eliminates

ROLLCALL, See page 9A

The Arlington Advocate

5 Water Street, Arlington, MA 02174

Established 1872 • Published Every Thursday

Circulation 800-982-4023 Editorial 617-643-7900 Advertising 617-487-7200

Single newsstand copy 50 cents. Subscription by mail, in county \$20 per year. By mail, out of county \$34 per year.

"That people everywhere may better understand the Circumstances of Public Affairs" — BENJAMIN FRANKLIN

PUBLISHER: Asa Cole
EXECUTIVE EDITOR: William Finucane
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EDITORIAL TYPESETTING SUPERVISOR: Meredith Fife Day

Circulation is independently audited by Certified Audit of Circulations, Inc., P.O. Box 379, Wayne, N.J. 07474. Reports available upon request.

Member of: National Newspaper Association, Subgroup Newspapers of America, New England Press Association, New England Newspapers Association, Massachusetts Press Association, Massachusetts Newspaper Publishers Association, Boston Suburban Weekly Advertising Network

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The Arlington Advocate (USPS 031-900) is published weekly at \$20.00 (\$34.00 out of county) by Harte-Hanks Community Newspapers, P.O. Box 9152, Waltham, MA 02154. Second Class postage paid at Boston, MA. Send address change to The Arlington Advocate, Circulation Department, P.O. Box 9152, Waltham, MA 02154.



News Item: POLICE DEPT. BUYS MOTORCYCLE, A KAWASAKI

Guest columns

Vacation travel by automobile

By Terry Marotta

When America goes on vacation, for the most part, America goes by car.

Once, folks boarded the trolley and rode to the end of the line — to the point where sand began drifting over the tracks. Once too, they hopped the train, with its plush seats and fresh linens, and settled in amidst hat boxes and steamer trunks. But today, in most cases, we climb in our cars.

The cars of my own earliest memory were big rolling parlors, shaped like a man's derby almost, black and high-crowned and rounded at the curves, with that thick velvet rope suspended from the back of the front seat. In time, these derbies gave way to longer and more streamlined models, in our family often Oldsmobiles, where, imbedded under a luminous plastic bubble on the hub of the steering wheel, winked a scatter of stars in a sky of midnight blue.

Whatever that year's make of car, we packed it, come summer, with boxes and fans and duffel bags. Those travelling behind us saw these, and a great drooling dog, and

sometimes the small triangular pad of a cat, restrained for the trip in a kind of miniature laundry bag, the drawstrings gathered like the ruff of an Elizabethan queen around her tiny outraged neck. We kids lay between the boxes and mammals, reading mysteries, and rubber-necking at other cars, and, in the way of all children everywhere, asking every 10 minutes, "Are we there yet?"

I dimly remember the days before travel by Turnpike and Interstate. We drove the smaller roads then, which curved like the whimsical turnings of our own veins and arteries around and directly into the hearts of towns, of cities still frisky with commerce. And for meals there were no drive-throughs. We would stop instead on the main street of one of the many towns and go up a couple of steps past restaurant windows hung with awnings, past window boxes drowsing with geraniums; or, in the heart of the brisk cities themselves, enter cool shadowy places, with heavy silverware and cloth napkins and banquettes of red leather so smooth you could slither right down off them onto the floor and still pretend it had happened by accident.

I came upon a copy of an old poster from a day well earlier than these. It once stood by an old bridge and thus declared the toll each person must pay for the privilege of crossing:

"For Every Foot Passenger, THREE CENTS.

For Every Head of Live Sheep or Hogs or Calves, ONE AND ONE-HALF.

For Every Head of Horned Cattle, NINE.

For Every Horse, Jack, Mule or Ox, Whether Led or Drove, NINE.

For Every Horse or Mule and Rider, 12 AND A HALF.

For Every Two Wheel Pleasure Carriage Drawn By One Horse, Jack or Mule SIX CENTS (and for Every Additional Horse, Jack or Mule) 18 AND THREE-QUARTERS.

For Every Four Wheel Pleasure Carriage, the Body Whereof is Supported by Springs or Thorough-Braces, Drawn By One Additional Horse, Jack or Mule, TWENTY CENTS.

For Every Freight or Burthen Wagon Drawn by One Horse, Jack, Mule, or Ox 12 AND A HALF, and SIX CENTS for every additional 3d, 4th or 5th Horse, Jack, Mule or Ox,

and for Every Further Additional Horse, Jack, Mule or Ox, TWENTY-FIVE CENTS."

All I can say is, what a burthen to travel back then.

Today we hop in our cars, with our coffee cups and soft drinks in hand. The drivers mostly just drive, when they're not talking on their car phones, whereas the passengers, from all I've observed, feel free to sleep, or read, or lie with their feet sticking out the open windows. Many, both drivers and passengers alike, engage in nail-biting.

We were among these many last weekend. Just as in our childhood, we heaped our little van to the roof with cherished belongings, not just our own but our cat's, her catnip, her tall metal canister of food, her own portable rest room. We lifted off, and shot quick as thought an hour down the highway before realizing that the cat herself we'd left back home.

We had a deadline that night that made it too late to turn around then. But the next night we drove clear back to fetch her. It didn't matter: we had our books and our soft drinks. And we'd learned, as all of us have learned in our 80-year romance with the car, that on the open road, the journey really is the destination.

Defining ourselves in the 1990s

By Toby L. Coleman

SPECIAL TO THE ADVOCATE

Since the sexual revolution (revolution) of the '60s, and the advent of the women's movement, the traditional roles of men and women have become blurred and confused. It's time to redefine who we are, and what our appropriate behaviors and attitudes should be. We all have male and female traits and feelings. We must decide which will dominate in ourselves.

In 1992 women in America say, "We don't need you. We can take care of ourselves. We can raise our children, earn our own money and make our way in a 'man's' world (oh, yes it is, girls) without you. Women did it in World War II, didn't they?" "We mean to have it all."

If this is the case, what provisions have community leaders made to help these "brave" members of the "weaker sex" to accomplish this? Have they provided affordable child daycare for working mothers or single parents? Have they provided an emergency hot line (24 hours a day — (7) days a week for use when a woman is assaulted or her children beaten — help when she and her kids need physical protection from their so-called "man on a rampage" to prove his "manhood?"

The women's movement aside, men have the muscles, the physical strength to protect us but where is the help late Saturday night or on Sunday afternoon when our men have been swilling "Bud" all day and watching their TV heroes clobber each other on the football field or the ice rink or in the boxing ring, yelling

"Kill the bum" — "Hit'em again" — and using very colorful language in front of the kids? Some fine example of American manhood for our young boys — how to curse and crush a beer can with your bare hands. And the little girls view of their mothers getting "steamed" at being ignored, mumbling under their breath, smoking one cigarette after another, sloshing down gallons of coffee and getting madder by the minute. Then the inevitable "fight" — very often loud and tragically all too often violent, even fatal.

There may be nowhere to go if you or your children suffer bodily harm from the man of the household (husband or otherwise) — no agency to call. There may not be one place available nearby where one can receive a few dollars or shelter and food for a few days until you can calm down and decide how to deal with this domestic violence — a place to keep the children safe.

Men and women must re-examine their roles. Who takes the moral, ethical and legal responsibility for what? If women really want to be equal with men, then they must learn how to fight and use a gun and their fists. They must not expect their menfolk to watch out for them and the kiddies while at the same time they hide behind their womanhood. Men cannot expect their women to continue to provide them with services — cooking, cleaning, childrearing, laundry and sex (not necessarily in that order) without being willing to protect and provide for them with respect. Men and women have got to stop bellyaching about each other. Both sexes are necessary to perpetu-

ate human life on this planet. When and until another way is found, we are stuck with each other. I, personally, like it that way.

Men, don't hit a woman. Don't get her pregnant and then walk away. Don't treat her like a servant.

Women, don't expect your man to treat you like a queen if you look like something the cat dragged in when he comes home from work. Don't save up all the aggravation of your day and hit him between the eyes with it before he gets his coat off. Don't nag him to death. Don't scream at him like a fish wife and expect him to treat you well and remain faithful.

Here are a few suggestions:

1) Provide women's shelters open (24) hours a day — (7) days a week.

2) Provide emergency funds for battered women and children.

3) Provide free child daycare for mothers, regardless of income. You might consider employing those able-bodied people who collect government benefits, but do not work for them.

Perhaps there should be a group of local citizens (clergy, nurses, psycho-

logists) who are available on an emergency basis for immediate counselling and informal conversation.

5) Publish and put on TV the names and pictures of all those who assault, abuse or threaten women, the elderly, the handicapped or children. Force them by law to apologize verbally for their abuse.

Children learn their sexual orientation and behavior, and their concern and courtesy for others from the adults around them. Don't send them mixed messages. We must decide — what is a man? What is a woman? There is no such thing as a unisex.

There is no justification for brutality by a man over others who are less able to defend themselves. "Cruelty comes from the weak. Gentleness can only be expected from the strong." Love and respect for ourselves and each other must govern our thoughts and behavior if we are to survive as civilized men and women. Remember! The children are watching and they don't miss a thing.

It's something to think about. (Toby L. Coleman is a resident of Arlington.)

We welcome your opinion

The Advocate invites readers to submit letters to the editor and guest columns on matters of community interest.

Letters and columns should be typed, double-spaced, and must include the writer's name, address and telephone number. Anonymous letters are not accepted for publication. Letters should not exceed two, type-written pages.

Deadline is 3 p.m. Friday prior to the Thursday on which the writer wishes to have the material published. Submission by the deadline does not guarantee publication.

Send letters and columns to Editor Carol Beggy, The Arlington Advocate, 5 Water St., Arlington, Mass. 02174.

COMMENT

Letters to the Editor

Questions on using officials' pictures

To the editor:

Why do you show a picture of the three stooges, Havern, Gibson, and Marzilli, week after week? By showing their pictures you are just plain endorsing them. And that is not fair to any future candidates who will run against them. Print their voting records but please save us from having to see their faces week after week. Half of your readers are conservative, you know.

George Shaw

Ridge Street

(Editor's Note: It is in no way an endorsement of any elected official or his or her actions to run a photo-

graph of the official. Rather, it is a way for the residents of the town, our readers, to know who it is that represents them. If, or when, someone more conservative than the current slate of state legislators holds the position, you will find that person's picture with the Beacon Hill Rollcall as well.)

Winter named new GM at Co-op

To the editor:

As a follow-up to your story on the Arlington Food Cooperative (July 16), I'm pleased to announce that Mr.

Norman Winter will start as our new general manager at the end of the month. Norman grew up in Arlington, and returns after six years as owner and operator of the Sunapee (N.H.) Community Store. Next time you're in the Center, stop by and say hello.

As mentioned in the article, we will be opening our new community room this fall. Although primarily intended for member and staff use, we can make it available to small community groups for meetings during our normal store hours. Give us a call if you're interested (648-3663).

For those of you who don't shop at the Co-op, be it known that we're not just a "health food market." Although we specialize in healthy

food and organic produce, we also have an impressive line of gourmet and international foods at competitive prices. We're also proud of our selection of inexpensive "basic foods," including dried beans, rice, cereals and spices sold by the pound, as well as our ecologically-sound household products. Remember, you don't have to be a member to shop at the Co-op.

Finally, while I have your attention, I would like to thank Beth, Lauren, Tibbs, the rest of the staff, and all the owners of the AFC for making the Co-op what it is today. See you at Town Day.

Alan H. Jones

President and Board Chairperson
Arlington Cooperative Corporation

Beacon Hill Roll Call

ROLLCALL, From page 8A

flexibility and urged the Senate to retain current language providing that a person can receive benefits if he or she establishes that his or her reasons for leaving were urgent and compelling. They noted people should be able to collect if they leave for health reasons or to follow their spouse who gets a job in another state. (A "yes" vote is for the amendment eliminating benefits for many people who voluntarily quit their jobs. A "no" vote is against the amendment.)

Havern voted no.

THE HOUSE — Beacon Hill Roll Call records local representatives' votes on four roll calls from July sessions. There were no roll calls in the House last week. The House is expected to meet this week to act on a fiscal 1992 supplemental budget and some of Governor William Weld's budget vetoes.

The four House roll calls are on proposed amendments to the bill scaling back the recent hike in unemployment taxes paid by employers and making other changes in benefits and eligibility. The House and Senate eventually passed a compromise version which was signed by Governor Weld.

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Whatever form is selected, hearing specialists say the most important factor is the quality of the seal to keep noise out. Ear-protection devices have been assigned noise-reduction ratings (NRR) from 0 to 30. A rating of more than 20 provides the best protection.

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INSIDE ARLINGTON

Pitcher indicted for bank fraud

INDICTMENT, From page 1A

tence of second mortgages encumbering the units, and falsely stated a cash downpayment of \$110,000 and another of \$330,000 were made on units when no payments had been made, the FBI said.

The indictment says: "As a further part of their scheme, in September 1988, Pitcher caused to be submitted to Winter Hill Federal Savings Bank a personal financial statement, which stated that he earned \$60,000

per year in his capacity as Vice President of Operations of a moving company, J.J. Mudge and Sons. As Pitcher well knew, this statement was false and fraudulent, inasmuch as Pitcher derived no income from J.J. Mudge and Sons."

A letter was also sent verifying Pitcher's employment with the company. The indictment continues: "As Pitcher well knew, the verification of employment was false and fraudulent inasmuch as James Crocker's signature had been forged, and Pitcher did not derive any income from J.J. Mudge and Sons."

Pitcher earns \$39,920 a year as salary for full-time work as executive secretary for the town. His retirement will be effective on Aug. 1.

Kearns was arrested last week by FBI agents and was held for arraignment in U.S. District Court. Pitcher was not arrested and is awaiting

arraignment, said his attorney Robert J. Annesse of Arlington.

Annesse made no comment on the charges or the case. "A case is pending and my policy has been for 23 years not to comment during cases," said Annesse on Wednesday.

If convicted, Kearns faces up to five years in prison and a \$250,000 fine. Pitcher faces up to 10 years in prison and a fine of \$500,000.

During the past three years, the Old Colony complex has been the site of what many believe to be the largest real estate failure in Arlington's history.

At least 45 condominium units at Old Colony have been foreclosed on since December of 1990, according to records at the county registrar's office. Following the defaults on the loans, many of the units have been sold at public auction in the last year for prices as low as \$38,000.

NEWS NOTES

New student loans available

Students and parents in the Arlington area will have greater access to education loan funds for the fall semester because The Co-Operative Bank of Concord has sold \$4.5 million of its student loan portfolio to Nellie Mae, a regional nonprofit student loan secondary market.

Deborah Spinney, assistant vice president of The Co-Operative Bank, said, "Selling part of our student loan portfolio to Nellie Mae has enabled us to reinvest in our community by assuring area students and families that they will have access to funds to pursue their educational goals. It is important for our communities that we can assist in creating a strong and educated citizenry."

Since 1988, The Co-Operative Bank has sold \$8 million in student loans to Nellie Mae. Co-operative joins over 400 other New England banks who have sold student loans through this

secondary market in an effort to expand access to higher education by replenishing regional supplies of education credit for student and parent loans.

The Co-operative Bank of Concord has offices in Arlington, Braintree, Concord, Groton, Hanover, Littleton, Maynard, Quincy and Randolph.

Nellie Mae, which has acquired more than \$2 billion of federally-guaranteed education loans since 1983, and has grown to be the largest nonprofit student loan secondary market in the country, also offers non-federal education loans and assists educational projects regionally with grants through the Nellie Mae Fund For Education.

Walkinshaw elected as group president

David J. Walkinshaw of the Saville Funeral Home was elected to the board of directors of the Massachusetts Funeral Directors Association at the organization's annual meeting, held at the Daniel Webster Inn in Sandwich.

Walkinshaw also served as president of the Rotary Club of Arlington and is a member of the boards of directors of the Arlington Boys and

Girls Club and the Arlington Board of Youth Services.

The Massachusetts Funeral Directors Association represents more than 500 funeral homes and is the largest representative organization of funeral service practitioners in the commonwealth. The MFDA is a federated state affiliate of the National Funeral Directors Association based in Milwaukee, Wis.

Roberts joins Boston firm

Kenneth Roberts of Arlington, recently joined the Boston office of HNTB/Howard Needles Tammen & Bergendoff, architects, engineers and planners, as project architect.

In his first assignment with HNTB, Roberts will serve as the technical coordinator for the T.F. Green State Airport Terminal Replacement in Warwick, R.I. The new two-level terminal will enclose 308,000 square feet and will provide 15 jet gates with additional commuter positions.

A member of the American Institute of Architects, Roberts received a bachelor of architecture from Penn State University.

HNTB is also the architect for the Rhode Island Convention Center, which is now under construction, and the recently completed Nantucket Airport Terminal.

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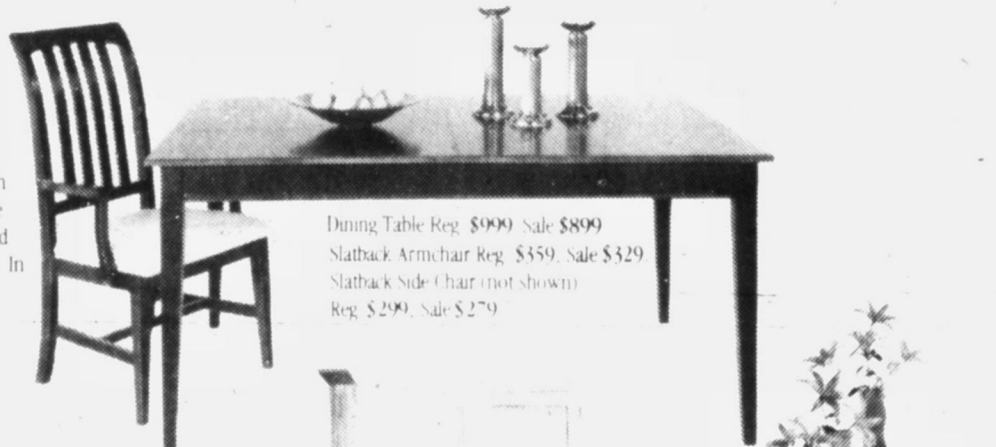
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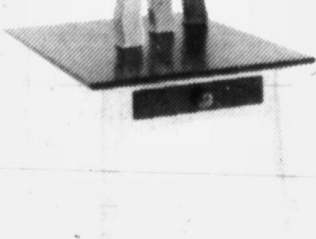
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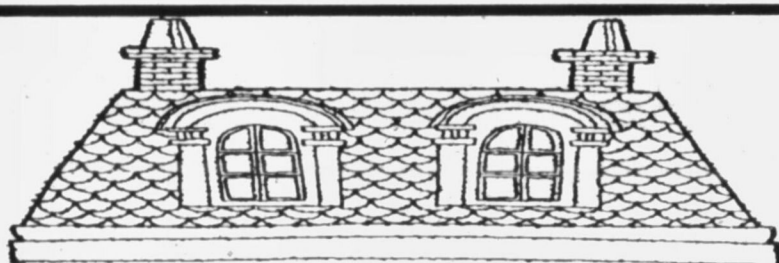
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